


TOP 10 TIPS TO GET THE MOST VALUE OUT OF YOUR COLLEGE EDUCATION


1  Don't skip meals, work, or sleep. Eat, drink, and sleep well. Schedule your classes and work around your natural energy levels. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)

2  Use your free time wisely. Find ways to stay active and engaged. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)


3  Seek out opportunities to learn from your professors. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)


4  Be fair to yourself. Don't overcommit. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)


5  Embrace your individuality. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)

6  Don't be afraid to ask for help. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)

7  Build a strong support system. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)

8  Explore your options. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)

9  Learn to budget. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)

10  Define your goals. **S** : [https://www.usm.edu/successcenter/2017/08/01/10-tips-to-get-the-most-value-out-of-your-college-education/](#)